



# CS19 – Personal and Social Education (inc Health Education)

<b>Last Review Date</b>	November 2020	<b>Next Review Date</b>	November 2021
<b>Leader of Policy Review</b>	Headteacher, Deputy Headteacher and Assistant Headteacher		
<b>Associated Policies</b>	Careers and Work-Related Education, Substance Misuse, Education, Food and Fitness		

PSE prepares learners to be personally and socially effective by providing learning experiences in which they can develop and apply skills, explore personal attitudes and values, and acquire knowledge and understanding.

A fundamental aim of education is for young people to acquire personal and social skills and attitudes, which will enable them to become good citizens and to contribute positively throughout their life to their community and society.

Specifically, the aims of PSE are to:

- Develop learners' self esteem and sense of responsibility
- Promote self respect, respect for others and celebrate diversity
- Equip learners to live safe, healthy lives
- Prepare learners for the choices and opportunities of lifelong learning
- Empower learners to participate in schools and communities as active responsible citizens locally, nationally and globally
- Foster positive attitudes and behaviour towards the principles of sustainable development and global citizenship
- Prepare learners for the challenges, choices and responsibilities of work and adult life

The **SKILLS** developed include:

- Communication
- Application of number
- Digital Literacy
- Critical thinking and problem solving
- Planning and organisation
- Creativity
- Innovation
- Personal Effectiveness

The PSE programme encourages learners to develop **ATTITUDES** including:

- taking responsibility for own decisions
- taking responsibility for own and other people's safety
- having positive attitudes about the future and possible careers
- having positive attitudes to work and study
- self-esteem
- respect for others
- awareness of stereotypes
- positive attitudes about health and parenting
- awareness of cultural heritage and traditions
- positive attitudes about healthy lifestyles

The acquisition of these skills and attitudes permeates everything that is taught and learnt in school. All teachers should recognise their responsibility for the personal and social development of students in their care and ensure that the experiences provided are appropriate to the changing needs of young people. These experiences will occur in pastoral activities, registration periods, subject teaching or in the extra-curricular activities, which play such an important part in the life of a school.

## **MANAGEMENT and CONTENT of the PSE CURRICULUM**

The main themes are developed in the PSE curriculum are:

- Active citizenship
- Health and Emotional well-being
- Moral and spiritual development
- Sustainable development and global citizenship
- Preparing for lifelong learning

In these topics the key skills and the cross-curricular themes, especially Curriculum Cymreig, are developed and active and student-centred learning strategies encouraged. The use of the internet and many outside speakers are also utilized. There are also a variety of extra-curricular activities which complement the PSE curriculum, such as the school Eisteddfod, Year 7 Camp, Health Days, work-related education activities and foreign exchange visits and cultural links.

There are three main parts to the delivery model:

- Immersion days led by year teams
- Registration activities led by Group Tutors
- Input from external providers organised and managed by the PSE Coordinator or the Sixth Form team

There are three immersion days timetabled in the year, one per term. On each day the whole of the school focuses on one of these three themes:

- Active citizenship
- Sustainable development and global citizenship
- Health and Emotional well-being

Each year group team is managed by a Deputy Head of House who helps to develop materials and support the team in organizing the most effective delivery programme. The themes are also developed through support materials and other activities scheduled throughout the school year. A 'spiral' approach is used where topics are covered by each year group but in a different and more detailed or more mature way as they progress through the school.

The themes of:

- Moral and Spiritual Development
- Preparing for Lifelong Learning

are developed through a planned programme of activities led by Group Tutors in registration time, together with other activities scheduled throughout the school year.

## **MONITORING, EVALUATION and TRAINING**

Monitoring and evaluation is carried out by staff and students for each session and informs future planning.

Training of tutors in the delivery of the PSE takes place regularly. Sessions concentrate on teaching strategies for delivering the PSE curriculum, especially focusing on techniques for developing group and oral work. Year teams also meet as part of the regular cycle of Monday evening meetings and tutors have the opportunity to discuss how to use the resources.