

# Our SHRN Report Summary

## 2020 Celebrate!

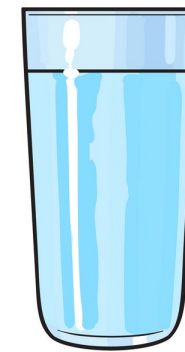
Summary comparing our 2020 and 2018 reports:

Since our 2018 report there are areas of health and wellbeing to celebrate and areas to continue to develop.

Key areas that were focused on since the last report include:

Sleep, under pressure, Understanding respectful language and achieving Rights Respecting Schools Award, E-cigarettes and alcohol, The report identifies where progress has been made in a number of these areas.

Increasing our intake of fruit, vegetables and water.



Raising awareness on sedentary behaviour and exercising outside school.

Developing social and emotional skills.



Signposting support



Clear drop in cyberbullying

Reduced consumption of alcohol.

Clear increase in the number of students who feel they are listened to and their ideas are taken seriously in school.

Increase in the number of pupils who feel teachers care about them.

Celebrate! Increase in pupils feeling teachers take action when they hear students calling boys sexually offensive names at school.



Y RHWYDWAITH YMCHWIL  
IECHYD MEWN YSGOLION  
SCHOOL HEALTH  
RESEARCH NETWORK