

Healthy Schools

At Alun School we engage with the School Health Research Network (SHRN). As a network school, students complete an **electronic Student Health and Wellbeing Survey every two years**. The survey is based on the World Health Organization's collaborative Health Behaviour of School-aged Children (HBSC) Survey to allow integration of the two surveys every four years.



Y RHWYDWAITH YMCHWIL
IECHYD MEWN YSGOLION

SCHOOL HEALTH
RESEARCH NETWORK

The School Health Research Network is led by Cardiff University in partnership with Welsh Government, Public Health Wales and Cancer Research UK. Every two years, schools in the Network are invited to take part in the Student Health and Wellbeing Survey. The information collected in the survey is used to compile a Student Health and Wellbeing Report for each school.

These reports are a valuable resource for schools and support the work they do to protect and improve their students' health and wellbeing. It contains data on health behaviours, including diet, physical activity, smoking, alcohol, drugs, school life and relationships. Students in Year 9 and above only will be asked a small number of questions relating to sexual behaviour.

The report is shared in our school community and an action plan produced. So far Alun School has received two reports 2016 and 2018.