

The
Revision
Guide

What is Revision?



Revision is spending time going over your work to help you prepare for your upcoming Exams, Tests or Assessments.

It is a way of helping you to remember information.

Why is Revision important?

WE ARE
what we
REPEATEDLY
~ do. ~
{ EXCELLENCE, }
then,
IS NOT AN ACT,
— *but a* —
HABIT.
Aristotle

10 Top Tips!

1. Eat breakfast

Research has found that skipping breakfast significantly **reduces** students' **attention** and their **ability to remember information**.



10 Top Tips!

2. Put your phone away



Phones are distracting! Evidence shows that students who **spend** more **time texting** and using social media **get lower grades**.

Also the mere **sight of a phone** was enough to **reduce** a person's ability to **focus**.

10 Top Tips!

3. Start revision early and spread it out

To commit something to memory takes time. **Spreading** out your **revision sessions** on a particular topic, is **more effective** than spending the same amount of time in one go.

REVISION TIMETABLE

Week Commencing:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm							
10:00pm							

10 Top Tips!

4. Test yourself

QUIZ!

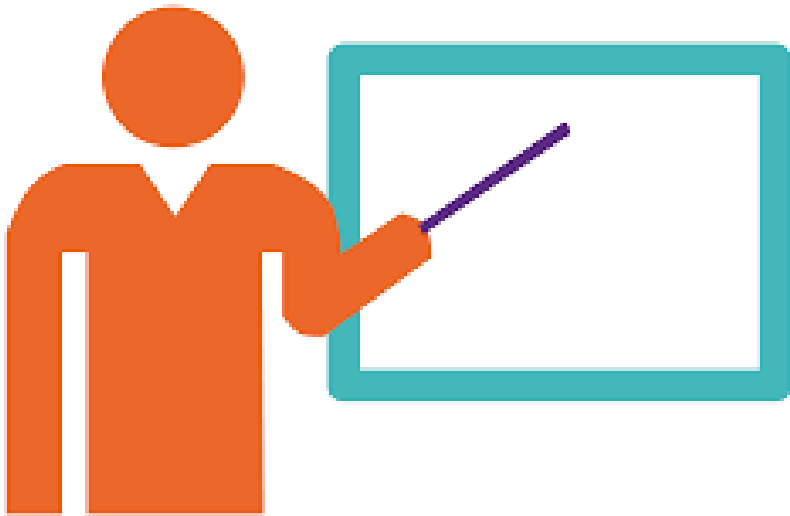
Testing yourself is one of the most **effective** ways to **improve** your **ability** to **remember** information.

Testing yourself also **helps** you **check** for any **gaps in your knowledge**.

Practice papers provide a good starting point, as well as **quizzing yourself** at the end of your revision session.

10 Top Tips!

5. Teach someone



After you have tested yourself, **teach the material** to someone else. This has been found to **help aid memory and recall information.**

Teaching someone else **requires** you to **learn** and **organise** your **knowledge** in a clear and structured manner.

10 Top Tips!

6. Don't rely on just using highlighters



People also **learn and remember information** if they **connect** it to other **pieces of information.**

Highlighters don't do this, they **isolate single pieces** of information, which works **great for some subjects but not all.**

10 Top Tips!

7. Don't listen to music



Students who **study** in a **quiet environment** can **remember more** than those who revise while listening to music.

10 Top Tips!

8. Get some fresh air and exercise



You cannot work all day, every day!

Revision has to be about **quality**, as well as **quantity**.

Going outside and getting some **fresh air** helps people feel **refreshed** and better able to **focus** afterwards.

Furthermore, doing a little bit of **exercise** helps people **cope better** with **stressful situations**.

10 Top Tips!

9. Sleep



Yes you are encouraged to work hard and revise a lot before your exams.

However, there comes a time when you need to **stop and go to sleep**.

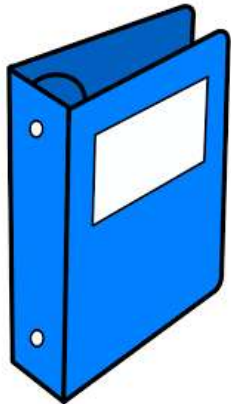
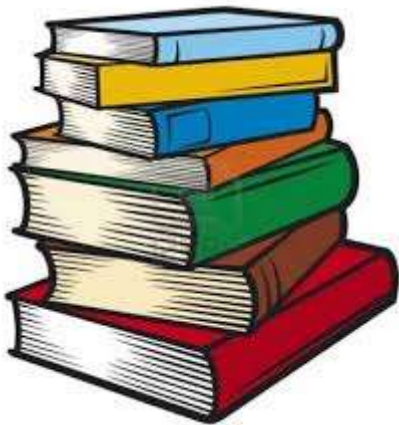
This is so your **mind and body** and **restore** the **energy** that you have used during revision and so you are **refreshed** in the **morning**.

Your sleep needs to be of a **good quality** also:

- Having **regular bedtime**
- Having a night-time **routine**
- **Not being on your mobile phone in bed**

10 Top Tips!

10. Resources & Stationery



To ensure that your **revision** gets off to a **great start** it is important that you have **everything you need** before you start.

You don't want to be **wasting valuable revision time** looking for something that you need!

To ensure you have **everything that you need**:

- Make a **list** of what **resources** you need before you start (Books, Pens etc.)
- Make sure that you **have them** for when you **start revising**.
- If you are **ensure** what you need to revise or what resources you need, **ask your subject teacher**.

How do I Revise?



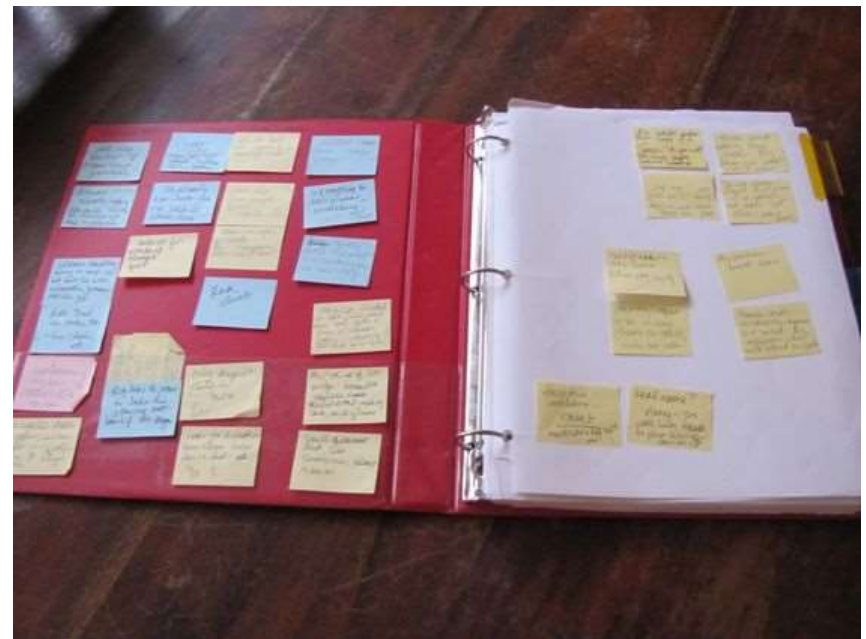
Revision Techniques

Reading Notes
Making notes
Flash Cards
Online Tests/Quizzes
Answering Past Paper questions
Using info grids
Making mind maps
Revising with a partner
Making up acronyms
Re-doing Keyword blocks
Analysing Mark schemes
Writing bulleted plans
Re-reading Essay Feedback
Reading/Re-writing Class notes
Highlighting and annotating Information Booklets
Reading Textbooks
Recording information and then listening to it
Making a Post it note wall of notes
Getting tested

- There are **lots of different ways to revise.**
- You should **try different methods** until you find one that is **helping you to remember the information.**
- **Don't use** the one that looks the **more fun** or the one that your **friend is using. Use the ones that works for you!**
- It is **ok** to have **different methods** for **different subjects.**

Post-it-notes

- Post-it notes **dotted around the bedroom/house** with **facts** written **on them** are a great revision tool.
- They're **great for 'visual learners'** and can be stuck on just about anything from the fridge to the bathroom mirror.



Flash Cards

- Write a **question, key word or fact** on **one side**.
- Write down the **answer** to the question or the **definition** of the term on the **other side** of the card.
- **Quiz yourself** on the information by reading the front of each card --- the portion written in ink --- and trying to remember the answer.





Memory Techniques

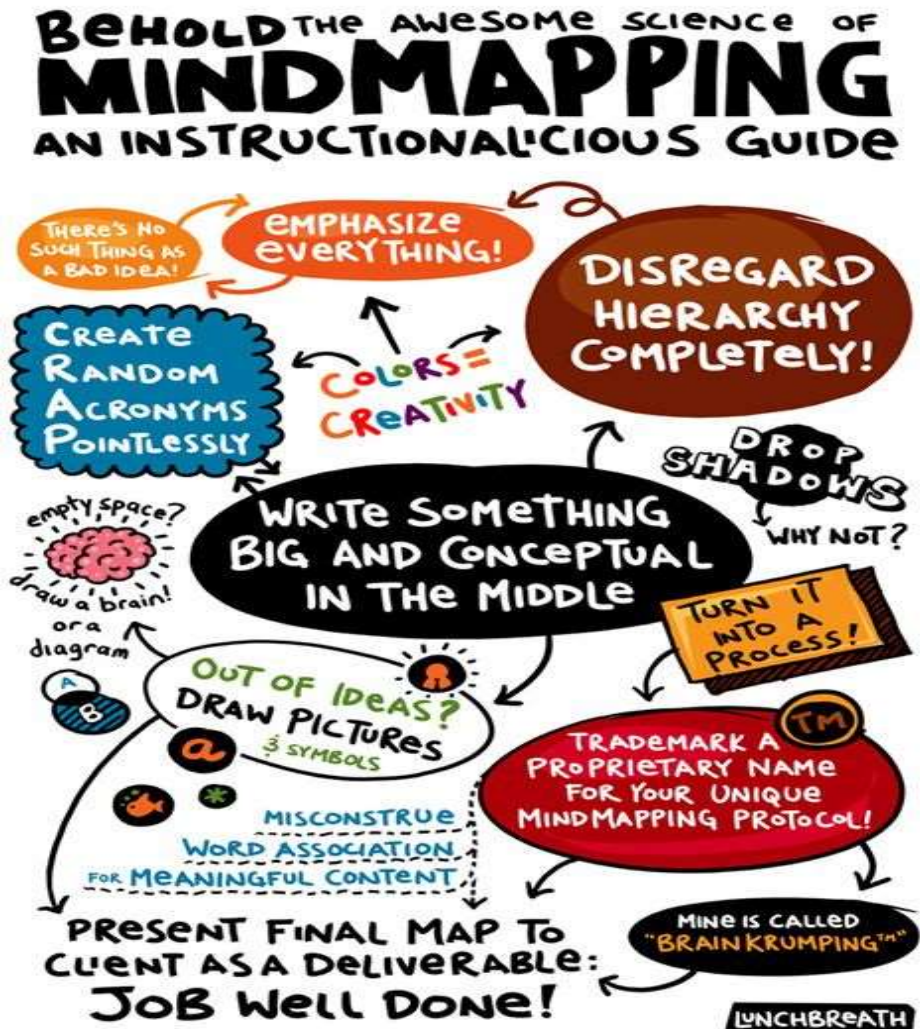
- We all know and love the **alphabet song**, which we sing to help us **remember the letters** of the alphabet.
- Well this is a perfect example of **mnemonics**, a revision technique that could help you **remember difficult words, dates or names**.
- **Word association** and making up rhymes is a really **useful memory tool** for students who find it hard to take in written words.



Hey diddle diddle,
the median's the middle;
YOU ADD AND DIVIDE FOR THE MEAN.
The mode is the one that appears the most,
and the range is the difference between.

Mind Maps

- Using **bold colouring** pens and **big sheets** of paper, **mind mapping** can help to **break down complicated topics** and remember **keywords**.
- A **mistake** that people make when mind-mapping is to **put LOTS of information** on them.
- The idea of a mind map is to **condense your notes** so that only the **key points** are on there.



COLOURS

MAKE YOUR TEXT STAND OUT
HIGHLIGHT KEY WORDS

HIGHLIGHT KEY POINTS

THICK

YOU CAN MAKE ~~MISTAKES~~ MISTAKES

• USE BULLET POINTS OR WRITE
IN PARAGRAPHS

OR THIN

DIAGRAMS

GUIDE TO MAKING

PRETTY NOTES



MATERIALS

WASHI

PAINT

TRY TO FILL THE PAGE

EXPERIMENT

WITH

SIZE

AND

FONT

MAKE IT YOUR OWN

DOESN'T HAVE
TO BE NEAT!

don't worry about your handwriting



How To Illustrate

Your Notes By Revise or Die

YOU CAN DO IT!

YES, I CAN DO IT!

IT'S ALL ABOUT PIC N' MIX Y'KNOW

① CHOOSE YOUR 'BAG'... (TYPE OF NOTES)

MINDMAP? POSTER? THE CORNELL METHOD?
THE OUTLINING METHOD? THE CHARTING METHOD?



② CHOOSE YOUR 'SCOOP'... (FONTS/TOOLS/COLOURS)

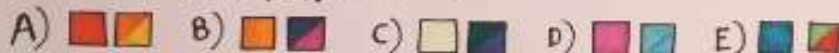


{ THERE are SO **MANY** kinds
(O)F **FONTS** TO choose FROM
to find inspo go to dafont.com!

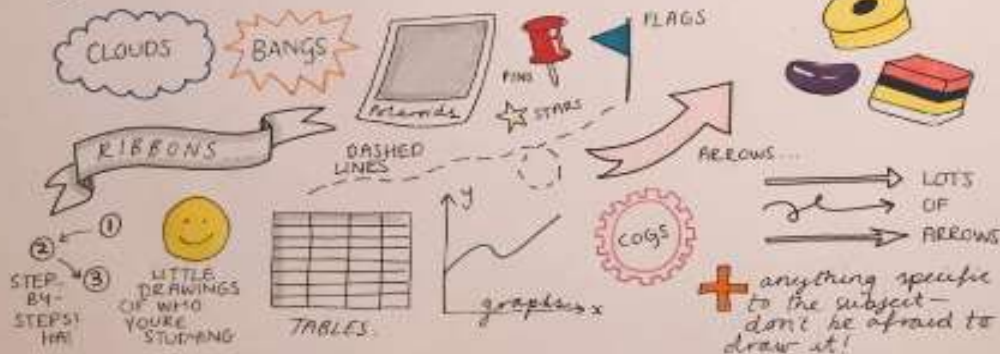
TOOLS



Colours - if you're feeling really snazzy, choose a colour palette for your work! here's some suggested ones I use...



③ CHOOSE YOUR 'SWEETS'... (TWIDDLY BITS)



Make a revision pack for each exam

- Once you have completed revision notes, make a **pack for each exam** with the necessary notes and your current revision.
- You'll feel like you're really on top of things and it'll be **much easier to memorise** information when it is organised and clear to understand.
- This is pretty much your **revision insurance**.

